V-Learning Academy

from

THE LEADERSHIP FACTORY

V-Coaching **V-Lead** V-Management

- 4 online learning sprint topics
- 2 x 2 hours sessions per topic
- Review Session
- Pre & Post Work
- Optional coaching support

Programme Content

1

EMOTIONAL INTELLIGENCE

Intro to Emotional Intelligence

Self Awareness
Goleman's Model of EI
Using EI in Work

2

Building Resilience

Leading Through Change
End Goal Leadership
Creating Resilience in the Team

3

7. I'VE BEEN DOING ...
6. I'VE DONE ...
5. I INTEND TO ...
4. I WOULD LIKE TO ...
3. I RECOMMEND ...
2. I THINK ...
1. TELL ME WHAT TO DO

LADDER OF LEADERSHIP

Leadership Ladder

David Marquet's Leadership Ladder
Our Approach to Challenge
Securing Engagement

4

GIVE CONTROL

COMPETENCE CLARITY

Control

Thinking out loud
Building alignment
Provoking change

Delivery

Pre-work self assessment diagnostic

2 x 2 hours online sprint learning sessions